

## Week 3 – St. Mother Teresa Prayer for Week Three – *Memorare*

While the *Memorare* is often attributed to St. Bernard of Clairvaux (1090-1153), Confessor, Abbot, and Doctor of the Church, it was popularized by another Bernard: Fr. Claude Bernard of France (1588-1641).

Father Claude, known as the “Poor Priest”, employed the *Memorare* extensively in his evangelization efforts. Many a condemned criminal was reconciled to God before death through his help and this prayer. He had thousands of leaflets of the *Memorare* printed in various languages to distribute (long before modern printing technology!).

Saint Francis de Sales, some twenty-one years older than Fr. Claude, also loved and frequently prayed the *Memorare*, as did many saints that came after him.

Blessed Mother Teresa prayed this prayer with great confidence in Mary’s powerful intercession, and she was never let down: “Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.”

Of course, Mary doesn’t always help us exactly in the way we expect, but she always comes to our aid when we call upon her. This week, as we pray the *Memorare* prayer, let’s bring to Mary all of our needs and trust in her powerful intercession just like so many saints did.

### Memorare

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.



“Be the one.”

St. Mother Teresa